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## **INNOVATION IN EDUCATION**

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*"Stay Ahead of the Game:* **Transformation in Clinical Trials** in the Age of Artificial Intelligence."

# ANNUAL **CLINICAL TRIALS SYMPOSIUM** November 8<sup>th</sup>, 2024

# Al in Medical Writing: **Enhancing Quality and Reducing Time**

### **Octavian Andronic, MD, PhD**

Assistant Professor – General Surgery Coordinator BigData, Al and eHealth Department - CleH Carol Davila University of Medicine and Pharmacy, Bucharest Chair - Regional Chapters Committee - EASE











Do you remember this?



Do you remember this?

1.44 MB

Until 2012reporting to CNAS





### Gary Kasparov competing against IBM's "**Deep Blue**" chess computer in 1997



## ....BUT IT WAS NOT ABOUT INTELIGENCE... IT WAS ONLY ABOUT PROBABILITY....

### What is AI today?

# It is the accumulation of human intelligence with a very efficient Vector Database Access using LLM's

## George Haber



#### HOW LONG IT TOOK TOP APPS TO HIT 100M MONTHLY USERS

ChatGPT is estimated to have hit 100M users in January, 2 months after it's launch. Here's how long it took other top apps to reach that:





Version	Parameters (Unit: billion)
GPT - 1 - launched in 2015	1.1
GPT - 2 - launched in 2019	17.5
GPT - 3 - launched in 2020	1750
GPT - 4 - launched in 2023	10000

#### ChatGPT





# A model for thinking about AI, ML, DL, and generative AI



## Artificial intelligence (AI)

Any technique that allows computers to mimic human intelligence using logic, if-then statements, and machine learning



## Machine learning (ML)

A subset of AI that uses machines to search for patterns in data to build logic models automatically



## Deep learning (DL)

A subset of ML composed of deeply multi-layered neural networks that perform tasks like speech and image recognition



### Generative AI

Powered by large models that are pretrained on vast corpora of data and commonly referred to as foundation models (FMs)

## What are Large Language Models (LLMs)?

**Definition**: a type of artificial intelligence that can **understand**, **generate**, and **manipulate** human language based on large datasets. (Popular LLMs include OpenAI, BERT, Gemini)

**Key Features of LLMs:** 

- Natural Language Processing (NLP)
- Context Understanding: Recognize and maintain context over long passages of text.  $\bullet$
- Versatility: Can perform a wide range of tasks





# Discriminative technique



Generative technique



#### Explain the Prediction



Predicted: Wolf True: Wolf

Predicted: Husky True: Wolf

Predicted: Wolf True: Wolf



**Predicted: Wolf** True: Wolf



Predicted: Wolf True: Husky

**Predicted: Wolf** True: Wolf



Predicted: Husky True: Husky



https://carpentries-incubator.github.io/data-science-ai-senior-researchers/05-Problems-with-AI/index.html



### SORTED



### ARRANGED









### EXPLAINED WITH A STORY



### ACTIONABLE (USEFUL)



## With genAl, academic research shifts from

to precise, impactful insights,

proving that more isn't necessarily better—

quality and relevance reign supreme

## What can it do already?

- Text generation
- Answer simple/complex questions/tasks
- Image/video generation
- Simulation of various scenarios
- Data Augmentation
- Translate
- And a lot of other things



# Research steps

- •Identify Research Problem
- •Literature Review
- •Formulating Hypothesis
- •Designing Methodology
- •Data Collection
- •Data Analysis

• Drafting and Finalizing Article/Thesis

# Identify Research Problem

•Brainstorm potential research topics

•*Provide insights on trending issues* 

•*Refine broad ideas into specific research questions* 



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Traduceri mesaje solicitate.						
Ajutor prezentare slide-uri						
Platformă Screening Combinată						
Proiecte Medicină Fără Tehnică						
Uniunea Bisericilor Ortodoxe-Cat						
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si sa inteleg daca tema



# Literature Review

- Find articles
- •Summarize existing research papers
- •Highlight key findings
- •Identify gaps in the literature
- •Generate summaries and synthesize information



# scholarcy

**L**itmaps

#### 💋 EvidenceHunt



#### Main question

What is the prevalence of LARS in the genera...

#### Keywords used

prevalence of LARS general population

LARS general population statistics

LARS general population prevalence study

LARS epidemiology general population

LARS epidemiological study general populati...

#### History

and the second		
hat is the	prevalence of LARS in deper	
Hat IS the	prevalence of L/4/0 in general	

what is the prevalence of LARS in gener...

What is the prevalence of LARS in gene...

microbiome colorectal cancer quality of...

Show more ∨

#### ☆ Your question

what is the prevalence of LARS in general population?

#### ſ

#### 💋 Evidencehunt

- The prevalence of Low Anterior Resection Syndrome (LARS) in the general population varies from 26.9% to 77.4% () 2.
- A study in a North American sample found that 26.9% of asymptomatic adults had major/minor LARS 1.
- Another study in Sweden reported a prevalence of 77.4% in patients who underwent curative rectal cancer surgery @.
- Both studies concluded that LARS has a significant negative impact on quality of life, indicating the importance of addressing this issue in clinical practice.

shift + enter to add a new line  $\Re$  + alt + N to start a new chat

Ask a follow-up question...

This tool provides access to literature and guidelines, not medical advice. Always consult a healthcare professional for medical decision

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#### 💋 EvidenceHunt



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# Formulating Hypothesis and Designing Methodology

•Assist in formulating clear and testable hypotheses

•Suggest ways to frame your research question and research methodologies

• Provide guidance on selecting tools and techniques



# Data Collection

- NLP from paper to digital database
- Design surveys or interview questions
- Integrate several sources
- Automate data collecting process





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ChatGPT 4o ~

Data Analyst

G ChatGPT

🚯 Logo Creator

88 Explore GPTs

Today

Valoare Glicemie: 101 mg/dL

Tabel cu valori extrase.

Microbiom și Cancer Colorectal

Descarcă fișier BibTeX.

Descarcare referințe BibTeX

Impactul Microbiomului Postope

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Research Steps: Structured Classi

Hallucination Rates Vary

Al in Medical Research: Overview

Prezentare PPT Limba Română.

Participare la Congres European

Add Team workspace

•	=0	8	2
Recipe with what's in my kitchen	Text inviting neighbors to barbecue	Quiz me on ancient civilizations	Experience Seoul like a local

\$

Message ChatGPT

ChatGPT can make mistakes. Check important info.



# Data Analysis

- •Automate data preparation
- Data standardization
- Biostatistics
- •No code Bigdata analysis
- •Help interpret results



# data iku



# Drafting and Finalizing Article/Thesis

- •Assist with writing and editing
- •Improve clarity and coherence
- •Check grammar and style
- Provide feedback on structure and content
- •Format citations and references (APA, MLA, Chicago, etc.)









#### Paperpal

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#### Home

PAPERPAL FOR WRITING

🖍 New Web Document

🗐 Install Word Add-in

PAPERPAL FOR MANUSCRIPT

Plagiarism Check

🖌 Submission Check

Editing Services

\* Plans

+ New Web Document

🗐 Install MS Word Add-in

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#### My documents

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My first document

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#### Untitled document

Introduction Tuberculosis (TB) is a potentially severe infectious disease, with complex and heterogeneous...

last edited half a minute ago

Introduction Tuberculosis (TB) is a potentially severe infectious disease, with complex and heterogeneous...

last edited about 1 hour ago

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Q Search

### Advantages

## Time Efficiency

- Access to Updated Information
- Assistance in Decision Making
- Personalization of Patient Education
- Improving Communication Skills

## **Disadvantages/Risks/Limits**

- Cannot generate new content limited to learned sources •
- Dependent on prompt/input of user •
- Confidentiality Issues •
- Limitations in Understanding Context •



#### Be clear and specific with your questions or instructions

Instead of "Tell me about history," use "Provide a brief summary of the causes and effects of World War II."

Instead of "Explain technology," use "Explain how blockchain technology works and its applications."

**Provide context** 

 Tip 1: Include Background Information Example: "I'm writing a science fiction story set in the year 2200. Describe the potential advancements in space travel."

**Tip 2: Specify the Audience or Purpose** Example: "Explain the concept of artificial intelligence to a high school student."

**Tip 3: Clarify the Desired Format or Style** Example: "Draft a formal business email requesting a meeting with a potential client."

### **Tip 4: Use Multiple Questions for Complex Topics**

Example: "What are the main challenges of climate change? How can renewable energy help mitigate these challenges?"

#### **Tip 5: Leverage Follow-Up Questions**

Example: Initial prompt: "What is quantum computing?" Follow-up: "Can you explain how it differs from classical computing?"

#### **Tip 6: Utilize Comparative Prompts**

Example: "Compare the economic systems of capitalism and socialism, highlighting their advantages and disadvantages."

### **Tip 7: Set the Scene or Scenario**

Example: "Imagine you are a teacher explaining the water cycle to a class of 10-year-olds. How would you describe it?"

### Tip 8: Specify the Output Format

Example: "Summarize the key points of the meeting in bullet points."

### **Tip 9: State Any Assumptions**

Example: "Assume the reader has no prior knowledge of machine learning. Explain its basics."

## **Common Pitfalls and How to Avoid Them**

- •Avoiding overly vague prompts
- •Being aware of biases and limitations
- •Not relying on ChatGPT for critical decisions
- •Use your knowledge
- •Test the output

ChatGPT 3.5 V

S ChatGPT

> Data Analyst

Dogo Creator

88 Explore GPTs

Today

Cărți despre chirurgia rectului

Using ChatGPT: Tips & Tricks

Extract Sex, Age, Diagnosis

Valoare Glicemie: 101 mg/dL

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-

Hallucination Rates Vary

Add Team workspace Collaborate on a Team plan Q

What to do

with kids' art

**⊙** Overcome

procrastination

\$

Message ChatGPT

₾

Pick outfit to look

good on camera

#### =0

Message to comfort a friend



# Technology moves faster than ethics



By Frank Kaufmann - - Wednesday, December 31, 2014





## Ethical considerations

- Bias because of the training data
- If it is used for diagnosis/therapeutic decisions who will be responsible?
- Privacy and data security
- Copyright are the authors of primary data cited?
- Autorship of generated content
- Mental health of users
- Abuse of technology

## AI in Medical Research: **Oppoorutulities and Limiits**



#### Hallucinations

Copyright?

#### Data privacy?

#### Authorship?

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## Conclusions

- Generative AI are models that will change the paradigm of research in healthcare
- The use of these technologies in daily practice increases efficiency exponentially
- But, we should ensure that the ethical framework will keep up with technology



## Thank you!

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